

Volunteers are an important resource for the district, that's why we are committed to taking the appropriate precautions to ensure your safety. Thank you for your time and effort.

BAREFOOT BAY RECREATION DISTRICT

General Rules

The primary responsibility of volunteers of the district is to perform their duties in a safe manner in order to prevent injury to themselves and others. Before beginning special work or new assignments, a volunteer should review applicable and appropriate safety rules.

NO VOLUNTEER IS EVER REQUIRED to perform work that he or she believes is unsafe or that he or she thinks is likely to cause injury or a health risk to themselves or others.

General Safety Rules

Prohibited Activities

Activities should exclude professional services where certification or licensing is required (i.e. electrical, construction, herbicide application, fitness instruction). Working from heights (i.e. ladders over 6ft, scaffolding), using hazardous powered equipment (i.e chainsaws) and transporting others on the district's behalf is prohibited.

Conduct

Horseplay and practical jokes are forbidden. Volunteers are required to work in an injury-free manner displaying accepted levels of behavior. Conduct that places the volunteers or others at risk, or that threatens or intimidates others, is forbidden.

Drugs and Alcohol

Use and/or possession of illegal drugs or alcohol while volunteering or on volunteer time are forbidden. Reporting as a representative of the organization while under the influence of illegal drugs or alcohol is forbidden.

Housekeeping

Clean up several times throughout the day, disposing of trash and waste in approved containers, wiping up any drips/spills immediately and putting equipment and tools away as you are finished with them.

The following areas must remain clear of obstructions:

- Aisles/exits.
- Fire extinguishers and emergency equipment
- All electrical breakers, controls and switches

Injury Reporting

All work-related injuries must be reported as soon as practicable.

Dress Code

You should dress appropriately for the conditions and performance of your duties.

General Emergency Guidelines

Volunteers should review the following guidelines to prepare for an emergency.

- Stay calm and think through your actions.
- Know the emergency numbers (fire/police/ambulance/911).
- Internal emergency number (Property Service- 772-494-9985 or Food & Beverage- 772-571-7121).
 - Human resources (772-664-3141)
- Know where exits are located.
- Do not hesitate to call or alert others if you believe that an emergency is occurring.
- First aid supplies are located in:

Bldg. A

- Kitchen wall on the left when you enter.
- Custodian office wall on the right when you enter.

Bldg. D&E

Custodian office

Pool 1

Billiards Room

Pool 2

Men's room

Pool 3

Men's room

Golf- Pro Shop

Administration Bldg.

• Lunchroom area on top of refrigerator

19th Hole

In the cabinet on the way to the kitchen

Lounge

Cabinet under the cash register/service window

Property Services

• Hallway to office

AED's

- Pool 1
- Pool 2
- Pool 3
- Pro shop
- Ranger (golf cart on golf course)

Emergency Guidelines

Softball field

Evacuation

- Volunteers will be notified of a fire alarm either by the fire alarm system or by a paged announcement.
- Upon becoming aware of a fire alarm, volunteers should immediately evacuate the job site without delay to retrieve personal belongings or to wait for co-workers. Also, all doors should be closed as the last person passes through.
- Supervisors should be the last to leave the area. Check the job site to be sure that all personnel have evacuated.
- Any volunteer with mobility, visual, hearing or other condition that may hinder them from becoming aware of an emergency or evacuating should request special assistance through human resources.
- Upon exiting the building, all personnel should report for a head count.
- If any volunteer is missing, an immediate report should be made to the incident commander who will in turn report to the first available fire department officer.
- Volunteers should stay together in a group so that periodic updates on the situation can be issued.
- The order to re-occupy a job site or building will be issued by the incident commander.
- In the event of inclement weather, the incident commander will make arrangements for all personnel to move to shelter.

Fire Safety

- Volunteers should alert other persons in the immediate hazard area.
- Any volunteer can activate a fire alarm and call 911 for an emergency situation.
- Trained volunteers can use a fire extinguisher, following these guidelines:
 - **P**=Pull the safety pin
 - **A**=Aim the nozzle at the base of the fire
 - **S**=Squeeze the operating lever
 - **S**=Sweep side to side covering the base of the fire

*When using a fire extinguisher, all volunteers in the vicinity must always stay between the fire and an exit, staying low and backing away when the fire is extinguished.

*If the fire is too hot or too smoky, volunteers are encouraged to evacuate immediately, discarding the fire extinguisher.

 Volunteers should notify the incident commander of the location of the fire. He or she will relay this information to the fire department.

Violence

 Any volunteer who feels that he or she has been threatened should immediately report the concern to a supervisor or to appropriate local authorities.

Emergency Guidelines

- If any person is observed exhibiting threatening behavior or making threatening statements, the individual who discovers the
 situation should warn others in the area and immediately notify a supervisor or human resources, staying away from the person
 exhibiting threatening behavior.
- Depending upon the level of concern, volunteers must call the police department (911) immediately.
- It is prohibited to confront any person exhibiting threatening behavior.

If volunteers have reason to believe that events in their personal lives or any other situation could result in an act of violence at work, they should privately discuss the issue with a representative of or human resources and develop a prevention plan together.

FIRE DEPARTMENT: Brevard County Fire Rescue- 301 Barefoot Blvd.

TELEPHONE: 911 or 321-633-2056

POLICE DEPARTMENT: Brevard County Sheriff's Office

TELEPHONE: 911 or 321-264-5100

EMERGENCY MEDICAL SERVICES (AMBULANCE): Brevard County Fire Rescue- 301 Barefoot Blvd.

TELEPHONE: 911 or 321-633-2056

HOSPITAL: Sebastian River Medical Center- 13695 US-1 Sebastian, FL 32958

TELEPHONE: 911 or 772-589-3186

DOCTOR: Shaw Medical Group- 947 Barefoot Blvd

TELEPHONE: 321-593-6999

Harassment Policy

The district does not tolerate harassment of our employees, volunteers, community members or guests. Any form of harassment related to a volunteer's race, color, sex, religion, national origin, age, citizenship status, veteran status or handicap is a violation of this policy and will be treated as a disciplinary matter. For these purposes, the term harassment includes, but is not limited to, slurs, jokes or other verbal, graphic or physical conduct relating to an individual's race, color, sex, religion or national origin; sexual advances; requests for sexual favors and other verbal, graphic or physical conduct of a sexual nature. The intentions to sexually harass another individual expressed through language, expressions and proximity to another is as detrimental as the actual act. Further, as of 1998, the Supreme Court recognizes that Title VII of the Civil Rights Act of 1964 also applies to same-sex harassment.

Violation of this policy by a volunteer shall subject that volunteer to immediate discharge.

Examples of conduct prohibited by this policy include, but are not limited to:

- Physical Actions:
 - Neck or shoulder massaging
 - Hugging, kissing or patting another's body
 - Touching oneself with sexual overtones while in the proximity of another
- Verbal Actions:
 - Whistling or making cat calls at another individual
 - Discussing sexual topics that make others uncomfortable
 - · Making comments about another individual's body parts and/or clothing
- Non-Verbal Actions:
 - Making sexual gestures with one's hands, tongue or other body parts
 - Looking an individual up and down
 - Winking, licking lips or blowing kisses at another individual

If you believe that you are being subjected to harassment, you should:

- 1. If you feel comfortable enough to do so, tell the harasser that his or her actions are not welcome and they must stop.
- 2. Report the incident immediately to a supervisor.
- 3. Report any additional incidents that may occur to one of the above resources.

All reported incidents will be investigated. Complaints, and actions taken to resolve complaints, will be handled as confidentially as possible given 's obligation to investigate and act upon reports of such harassment. Retaliation of any kind against a volunteer who reports a suspected incident of sexual harassment is prohibited. Anyone who violates this policy or retaliates against another staff member in any way will be subject to disciplinary action up to and including immediate dismissal.

General Safety Precautions

Fire Prevention

- 1. Smoking is allowed only in designated outdoor areas.
- 2. No candles or unauthorized open flames are allowed in the work area.
- 3. No flammable chemicals are allowed inside work area at any time unless they are specifically authorized for use. If there is a work-related need to use a flammable chemical, contact the supervisor for guidance on hazard communication and fire safety.
- 4. Volunteers may never start or run an engine in any area.
- 5. Gasoline, diesel and other fuels must be transported in approved, marked containers.

Lifting

- 1. Plan the move before lifting; ensure that you have an unobstructed pathway.
- 2. Test the weight of the load before lifting by pushing the load along its resting surface.
- 3. If the load is too heavy or bulky, use lifting and carrying aids such as hand trucks, dollies, pallet jacks and carts, or get assistance from a co-worker.
- 4. If assistance is required to perform a lift, coordinate and communicate your movements with those of your co-worker.
- 5. Position your feet 6 to 12 inches apart with one foot slightly in front of the other.
- 6. Face the load.
- 7. Bend at the knees, not at the back.
- 8. Keep your back straight.
- 9. Get a firm grip on the object using your hands and fingers use handles when they are present.
- 10. Hold the object as close to your body as possible.
- 11. While keeping the weight of the load in your legs, slowly stand.
- 12. Perform lifting movements smoothly and gradually; do not jerk the load.
- 13. If you must change direction while lifting or carrying the load, pivot your feet and turn your entire body do not twist at the waist.
- 14. Set down objects in the same manner as you picked them up, except in reverse.
- 15. Do not lift an object from the floor to a level above your waist in one motion. Set the load down on a table or bench and adjust your grip before lifting it higher.
- 16. Never lift anything if your hands are greasy or wet.
- 17. Wear protective gloves when lifting objects that have sharp corners or jagged edges.

Ladders & Stepladders: N/A -prohibited from use by any volunteers.

Housekeeping

- 1. Do not place materials, such as boxes or trash, in walkways or passageways.
- 2. Mop up water around drinking fountains, drink dispensing machines and ice machines immediately.
- 3. Do not store or leave items on stairways.
- 4. Do not block or obstruct stairwells, exits or accesses to safety and emergency equipment such as fire extinguishers or fire alarms.
- 5. Straighten or remove rugs and mats that do not lie flat on the floor.
- 6. Remove protruding nails or bend them down into the lumber by using a claw hammer.
- 7. Return tools to their storage places after use.
- 8. Use caution signs or cones to barricade slippery areas such as freshly mopped floors.

Electrical Safety

- 1. Electrical cords must be protected with specially designed cord protectors or kept out of areas where they will be damaged.
- 2. Operators must turn electrical appliances off using the switch, not by pulling out the plug.
- 3. All appliances should be turned off before leaving for the day.
- 4. Never run cords under rugs or other floor or ground coverings.
- 5. Immediately report all electrical problems.
- 6. The following areas must remain clear and unobstructed at all times:
 - Exit doors
 - Aisles
 - Electrical panels
 - Fire extinguishers
- 7. When using an extension cord:
 - Look to see that the wattage labeled on the tool, appliance or equipment does not exceed the wattage limit labeled on the
 cord.
 - Do not run the cord through doorways, holes in ceilings, walls or floors.
 - Never remove, bend or modify any metal prongs on the plug of the cord.
 - Do not use the cord under wet conditions.
 - Do not plug one extension cord into another.
 - Never drive over, drag, step on, walk on or place objects on a cord.
 - Always unplug the cord when you have finished using it.
 - Do not use the cord as a permanent power source.

Chemical Safety: N/A- Volunteers are prohibited from handling any hazardous materials or chemicals.

Machine Safety: N/A- Volunteers are prohibited from using any machinery.

Hand Tool Safety: N/A- Volunteers are prohibited from using any hand tools.

Office Safety

- 1. Do not work on any computer or office machine if your hands are wet or if you are standing on a damp surface.
- 2. Do not mount pencil sharpeners so that they protrude beyond the edges of desks or tables.
- 3. Do not stand on a swivel chair.
- 4. Do not raise the seats on swivel chairs beyond the point where your feet can touch the floor.
- 5. Do not compact material in the waste basket with your hands or your feet.
- 6. Do not use cardboard boxes as waste receptacles.
- 7. Do not leave file drawers open; always use handles to close them.
- 8. Do not stack file cabinets on top of one another.
- 9. Open one file cabinet drawer at a time.
- 10. Put heavy files in the bottom drawers of file cabinets.